

The goals of the
Volunteer Programs
are to enable persons
over the age of 55 to
remain physically and
mentally active and to
enhance their self-
esteem through
participation in
needed community
service.

**Sandoval County
Senior Volunteer Program**



**Sandoval County Senior
Volunteer Program**

For more information on these pro-
grams please call

505-404-5822

Staff:

Nikki Holm

Senior Volunteer Coordinator

Richard Rodriguez

Volunteer Program Assistant

Mailing Address:

**PO Box 40
Bernalillo, NM 87004
Physical Address:
1500 Idalia Rd, Bldg B
Bernalillo, NM 87004**

Phone: 505-404-5822

Fax: 505-404-5823

**Sandoval County
Senior Volunteer
Program**

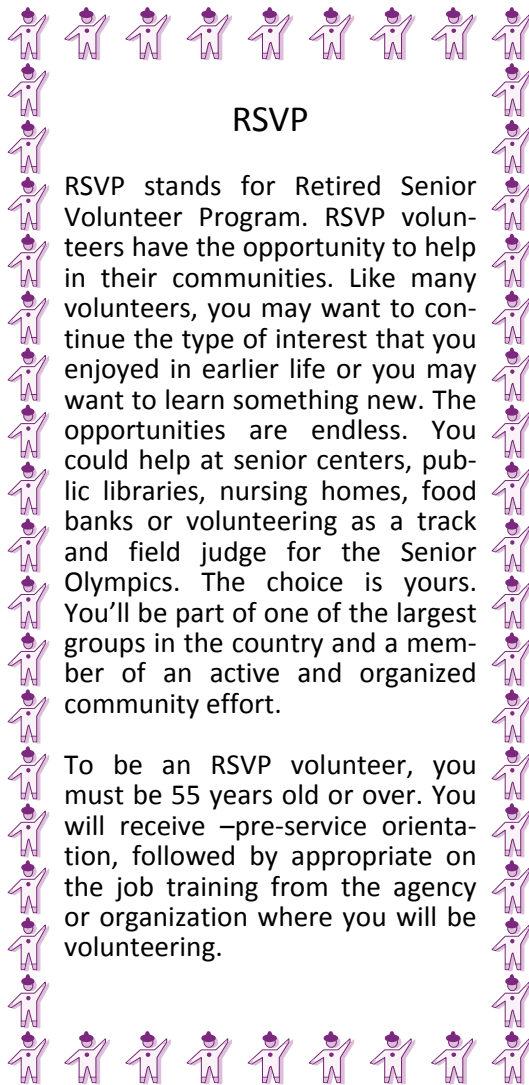


Retired
Senior
Volunteer
Program

Senior
Companion
Program

Foster
Grandparent
Program

Senior **E**mployment
Program



RSVP

RSVP stands for Retired Senior Volunteer Program. RSVP volunteers have the opportunity to help in their communities. Like many volunteers, you may want to continue the type of interest that you enjoyed in earlier life or you may want to learn something new. The opportunities are endless. You could help at senior centers, public libraries, nursing homes, food banks or volunteering as a track and field judge for the Senior Olympics. The choice is yours. You'll be part of one of the largest groups in the country and a member of an active and organized community effort.

To be an RSVP volunteer, you must be 55 years old or over. You will receive –pre-service orientation, followed by appropriate on the job training from the agency or organization where you will be volunteering.

Senior Employment Program

Please call the Program office for details on this program.

Senior Companion Program

Senior Companions across the country are helping older adults, primarily the frail elderly. As a Senior Companion, you provide person to person non-medical support. You do what friends do for friends—assist with errands, prepare and share meals, help ease the loneliness. You become a vital link helping those at risk remain in their homes and their community. To be a Senior Companion, you must be fifty five years old or older.

Foster Grandparent Program

Foster Grandparents mentor and assist children in a school setting. They assist by promoting literacy development and encourage children to learn and build their self esteem. Foster Grandparents provide one-on-one tutoring in reading, writing, and language skills to the children. The children acquire confidence in their abilities because the Foster Grandparent gives them the extra love and attention that they need emotionally to strive and reach their academic potential. The children's self esteem increases and they desire to be a better student. In addition, the children demonstrate behavior that is enthusiastic whereas before they had little interest and felt discouraged when trying to read.

Benefits

Program:	RSVP	SCP/FGP
Service Opportunities:	Variety of Activities	Help Frail Adults Remain Independent
Orientation & Training:	Yes	Yes
Age Eligible:	55	55
Income Guidelines:	None	Some Apply
Stipend:	No	Yes
Transportation & Meal Assistance:	Yes	Yes
Supplemental Insurance:	Yes	Yes
Annual Physical:	No	Yes

